

June 2023

SUN	MON	TUES	WED	THURS	FRI	SAT
Walk in or by appointment counselling and peer support available daily from 12-6pm *Some programming requires sign up, talk to staff to learn more!				1-2pm Walk & Talk 1-6pm Youth Mental Health Promotion!	Great BIG Recovery Stories: Writing Sessions	3
Huddle goes to: WINNIPEG PRIDE	2-4pm Great BIG Recovery Stories: Sharing Sessions 4:30-6pm Our Space: Paris is Burning	1-4pm Futures Forward 1:30-3:15pm DBT Skills* 5-6pm FF YAC	1-1:30pm Meditation 1-3pm Knitting Club w/ Christine 1-4pm Knowledge Keeper Dee 1-4pm Community Financial Counselling 4-6pm Cultural Crafting: Values Stones	1-2pm Walk & Talk 1-6pm Youth Mental Health Promotion! 4:30-5:30pm Huddle YAC	1-4pm Strawberry Feast	10
11	12-4pm Y.E.S. Youth Employment Services 2-4pm Great BIG Recovery Stories: Writing Sessions 4:30-6pm Our Space: Sharing, self care & crafts	1-4pm Futures Forward 1:30-3:15pm DBT Skills*	1-1:30pm Meditation 1-3pm Knitting Club w/ Christine 1-4pm Knowledge Keeper Dee 4-6pm Cultural Crafting: Bracelets	3-5pm B.E.A.N. Seeds: Vision Collage 1-6pm Youth Mental Health Promotion!	Great BIG Recovery 16 Stories: Writing Sessions	Huddle goes to: 17 BRANDON PRIDE*
18	2-4pm Great BIG Recovery Stories: Writing Sessions 4:30-6pm Our Space: Pride Committee	1-3pm Top Trends 20 for Job Retention 1-4pm Futures Forward 1:30-3:15pm DBT Skills*	1-1:30pm Meditation 1-3pm Knitting Club 21 w/ Christine 1-4pm Knowledge Keeper Dee 4-6pm Cultural Crafting: Dream Catchers	1-4pm Naming Ceremony w/ Vern	Great BIG Recovery Stories: Writing Sessions	24
25	26 CLOSED	27 1-4pm Futures Forward 1:30-3:15pm DBT Skills*	1-1:30pm Meditation 1-3pm Knitting Club 1-4pm Knowledge Keeper Dee 4-6pm Cultural Crafting: Beading	1-2pm Walk & Talk 1-6pm Youth Mental 9 Health Promotion! 3-5pm B.E.A.N. Seeds: Glitter Glimmer Maps 4:30-5:30pm Huddle CAAC 4:30-6pm – Procedures	30 CLOSED	