



SUN	MON	TUES	WED	THURS	FRI	SAT
2	<b>3</b> Drop-in and Games Fitness/Exercise Club 12-1pm Open 9-4pm	<b>4</b> Flower Pot Painting 4:30-7pm  Open 9-8pm	<b>5</b> Wellness Wednesday Fitness/Exercise Club 12-1pm Beading 4:30-7pm Open 9-8pm	<b>6</b> Singing 12:30-2pm  Pool Tournament 5-7pm Open 9-8pm	<b>7</b> Fitness/Exercise Club 12-1pm  Singing Night! 4:30-6pm Open 9-7pm	8
9	<b>10</b> Drop-in and Games Fitness/Exercise Club 12-1pm Open 9-4pm	<b>11</b> Singing 12:30-2pm  Paint Night 4:30-7pm Open 9-8pm	<b>12</b> Wellness Wednesday Fitness/Exercise Club 12-1pm Nails/Facial & Guided Meditation 4:30-7-pm Open 9-8pm	<b>13</b>  Beading 4:30-7pm Open 9-8pm	<b>14</b> Fitness/Exercise Club 12-1pm  Scavenger Hunt 4-6pm Open 9-7pm	15
16	<b>17</b> Drop-in and Games Fitness/Exercise Club 12-1pm HAPPY ST. PATRICK'S DAY Open 9-4pm	<b>18</b> Singing 12:30-2pm  Uno Night 4-6pm Open 9-8pm	<b>19</b> Wellness Wednesday Fitness/Exercise Club 12-1pm Drop-in and Games Open 9-8pm	<b>20</b>  Fortnite 3:30-7pm Open 9-8pm	<b>21</b> Fitness/Exercise Club 12-1pm  Just Dance Night 3:30-6pm Open 9-7pm	22
23	<b>24</b> OFFICE CLOSED Professional Development Day Open 9-4pm	<b>25</b> Singing 12:30-2pm  Drop-in and Games Open 9-8pm	<b>26</b> Wellness Wednesday Fitness/Exercise Club 12-1pm Beading 4:30-7pm Open 9-8pm	<b>27</b> Seed Starters 4:30-7pm  Open 9-8pm	<b>28</b> Fitness/Exercise Club 12-1pm  Popcorn and Video Night! 4:30-6pm Open 9-7pm	29
30	<b>31</b> Drop-in and Games Fitness/Exercise Club 12-1pm Open 9-4pm					



## March 2025 Supports & Services

SUN	MON	TUES	WED	THURS	FRI	SAT
2	3 Peer Support Open 9-4pm	4 Peer Support MACY 2-5pm Open 9-8pm	5 Peer Support Counselling 10-4pm A.A mtg 1-2pm Open 9-8pm	6 Peer Support Counselling 10-4pm Open 9-8pm	7 Peer Support Circle of Security 10-12pm Indigenous Health Elder/Knowledge Keeper-Hand Drum Teachings 1-3pm Open 9-7pm	8
9	10 Peer Support Open 9-4pm	11 Peer Support Community Financial Counselling Services Presentation 1:30-2:30pm Open 9-8pm	12 Peer Support Counselling 10-4pm A.A mtg 1-2pm Open 9-8pm	13 Peer Support Counselling 10-4pm Open 9-8pm	14 Peer Support Indigenous Health Elder/Knowledge Keeper-Indigenous Traditional Feast Teachings 1-3pm Open 9-7pm	15
16	17 Peer Support  Open 9-4pm	18 Peer Support Sarah Reil 11-2pm MACY 2-5pm Open 9-8pm	19 Peer Support Counselling 10-4pm A.A mtg 1-2pm Open 9-8pm	20 Peer Support Counselling 10-4pm Open 9-8pm	21 Peer Support Indigenous Health Elder/Knowledge Keeper-Spring Solstice 1-3pm Open 9-7pm	22
23	24 OFFICE CLOSED Professional Development Day Open 9-4pm	25 Peer Support Peguis First Nation Status Cards Open 9-8pm	26 Peer Support Circle of Security 10-12pm Counselling 10-4pm A.A mtg 1-2pm Open 9-8pm	27 Peer Support Counselling 10-4pm Open 9-8pm	28 Peer Support Open 9-7pm	29
30	31 Peer Support Open 9-4pm					