



SUN	MON	TUE	WED	THU	FRI	SAT
	Mental Health Clinician available Mondays from 1pm - 4pm (Ages 12-19) for one-on-one support with mental health, addictions and recovery! Indigenous Wellness Support available Wednesdays from 1pm - 4pm.		Drop In 1 11am – 6:30pm Indigenous Wellness Support 1pm – 4pm	Drop In 2 11am – 6:30pm Jordan's Principle Info Session 1pm – 4pm	Drop In 3 Closed	Drop In 4
5	Drop In 6 Closed	Drop In 7 11am – 5pm Sharing Circle 5pm – 6:30pm	Indigenous Wellness Support 8 1pm – 4pm Gender Identity Workshop 3pm – 5pm	Drop In 9 11am – 3pm Willow Picking 3pm – 6:30pm	Drop In 10 11am – 4pm Youth Council Meeting 4pm – 6:30pm	11
12	Drop In 13 11am – 6:30pm Mental Health Clinician (12-19) 1pm – 4pm	Drop In 14 11am – 5pm Sharing Circle 5pm – 6:30pm	Indigenous Wellness Support 15 1pm – 4pm Sexuality Workshop 3pm – 5pm	Drop In 16 11am – 3pm Dreamcatcher Workshop 3pm – 6:30pm	Drop In 17 Closed	18
19	Mental Health Clinician (12-19) 20 1pm – 4pm Cannabis Info Session 3pm – 4pm	Drop In 21 11am – 5pm CLDS Info Session 1:30pm – 3pm Sharing Circle 5pm – 6:30pm	Drop In 22 11am – 6:30pm Indigenous Wellness Support 1pm – 4pm	Drop In 23 11am – 3pm Drum Making Workshop 3pm – 6:30pm	Drop In 24 11am – 3:30pm Human Rights Museum 3:30pm – 6:30pm	APEX Adventure Plex Outing 25 11am – 5pm
26	Drop In 27 Closed	Drop In 28 11am – 5pm Sharing Circle 5pm – 6:30pm	Drop In 29 11am – 6:30pm Indigenous Wellness Support 1pm – 4pm	Drop In 30 11am – 3pm Drum Painting Workshop 3pm – 6:30pm	Come by for educational workshops and Information sessions happening throughout the month! ** Calendar is subject to change, keep an eye on our social media for the most up to date info! **	