



MON	TUE	WED	THU	FRI
<p><b>*Note:</b> Substance Use Counselling on Wednesdays 1-4pm is offered through appointment only. Please call us or chat with a staff to book!</p> <p><b>*Note:</b> MACY stands for Manitoba Advocate for Children &amp; Youth. They are available to discuss case-specific concerns, to provide self-advocacy support.</p> <p>Every Thursday from 9:15am-3:45pm* we have a primary care clinic with a Nurse Practitioner and Nurse there to help you with STI testing; pregnancy tests; pap tests; minor injuries; illnesses; and more! *Closed from 12-1pm for lunch, and 1:45-2:15 for meeting.</p>				1
<p><b>Huddle Lounge</b> 4 3-5:45pm</p>	<p><b>Drop-in Counselling</b> 5 2:30-4:30pm</p> <p><b>Huddle Lounge</b> 3-5:45pm</p>	<p><b>Substance Use Counselling*</b> 6 1-4pm</p> <p><b>Drop-in Counselling</b> 2:30-4:30pm</p> <p><b>Huddle Lounge</b> 3-6:30pm</p>	<p><b>Clinic</b> 7 9:15am-3:45pm</p> <p><b>Huddle Lounge</b> 3-5:45pm</p>	<p><b>MACY Advocacy</b> 8 Drop-in 2:30-4:30pm</p> <p><b>Drop-in Counselling</b> 2:30-4:30pm</p> <p><b>Huddle Lounge</b> 3-5:45pm</p> <p><b>Peer Support &amp; Art</b> 4-5:45pm</p>
<p><b>Huddle Lounge</b> 11 3-5:45pm</p> <p><b>Peer Support &amp; Art</b> 4-5:45pm</p>	<p><b>Drop-in Counselling</b> 12 2:30-4:30pm</p> <p><b>Huddle Lounge</b> 3-5:45pm</p> <p><b>DBT 2 Go</b> 4-5:30pm</p>	<p><b>Substance Use Counselling*</b> 13 1-4pm</p> <p><b>Drop-in Counselling</b> 2:30-4:30pm</p> <p><b>Huddle Lounge</b> 3-6:30pm</p> <p><b>D&amp;D</b> 4-6:30pm</p>	<p><b>Clinic</b> 14 9:15am-3:45pm</p> <p><b>Huddle Lounge</b> 3-5:45pm</p> <p><b>Switch Tournament</b> 3-5:45pm</p> <p><b>Peer Support &amp; Art</b> 4-5:45pm</p>	<p><b>Drop-in Counselling</b> 15 2:30-4:30pm</p> <p><b>Huddle Lounge</b> 3-5:45pm</p>
<p><b>Closed</b> 18</p>	<p><b>Drop-in Counselling</b> 19 2:30-4:30pm</p> <p><b>Huddle Lounge</b> 3-5:45pm</p> <p><b>Youth Advisory</b> 4:30-6:00pm</p> <p><b>DBT 2 Go</b> 4-5:30pm</p>	<p><b>Substance Use Counselling*</b> 20 1-4pm</p> <p><b>Drop-in Counselling</b> 2:30-4:30pm</p> <p><b>Huddle Lounge</b> 3-6:30pm</p> <p><b>D&amp;D</b> 4-6:30pm</p>	<p><b>Clinic</b> 21 9:15am-3:45pm</p> <p><b>Help us Spring Clean!</b> 3-5:45pm</p> <p><b>Peer Support &amp; Art</b> 4-5:45pm</p>	<p><b>Closed</b> 22</p> <p><b>NorWest Co-op COMMUNITY HEALTH</b></p> <p><b>Huddle Closed - NorWest Staff Retreat Day!</b></p>
<p><b>Huddle Lounge</b> 25 3-5:45pm</p> <p><b>Cookie Baking</b> 3-5:45pm</p>	<p><b>Drop-in Counselling</b> 26 2:30-4:30pm</p> <p><b>Huddle Lounge</b> 3-5:45pm</p> <p><b>DBT 2 Go</b> 4-5:30pm</p>	<p><b>Substance Use Counselling*</b> 27 1-4pm</p> <p><b>Drop-in Counselling</b> 2:30-4:30pm</p> <p><b>Huddle Lounge</b> 3-6:30pm</p> <p><b>D&amp;D</b> 4-6:30pm</p>	<p><b>Clinic</b> 28 9:15am-3:45pm</p> <p><b>Huddle Lounge</b> 3-5:45pm</p> <p><b>Tie-Dying for PRIDE</b> 3-5:45pm</p>	<p><b>Drop-in Counselling</b> 29 2:30-4:30pm</p> <p><b>Huddle Lounge</b> 3-5:45pm</p> <p><b>Bonfire Bash!</b> 3-5:45pm</p>