



SUN	MON	TUE	WED	THU	FRI	SAT
		EVERY THURSDAY: Expressive Art w/ Katie 10 - 5 pm Ages 12 - 29	FRI, OCT 9TH & 23RD: Drop-In Counselling w/ Gavin 3 - 5 pm Ages 12 - 29	1 Self Care Club 4 - 6 pm	2 Bear Clan Walk Starts at 6 pm	3 Ride for Refuge 3 - 6 PM
4	5 Admin Day Appointments	6 Halloween Window Painting 4 - 7 pm	7 PRISM Pride Group Launch Party 4 - 7 pm	8 Self Care Club 4 - 6 pm	9 Halloween Beading 4 - 7 pm	10 CLOSED FOR THANKSGIVING WEEKEND
11	12 CLOSED FOR THANKSGIVING	13 Calm Kit Making 4 - 7 pm	14 Entrepreneurship Workshop 4:30 - 5:30pm	15 Board Game Night 4 - 7 pm	16 Halloween Beading 4 - 7 pm	17 Medicine Picking 1 - 4 pm
18	19 Admin Day Appointments	20 Parfleche Earring Making 5 - 7 pm	21 Zentangle Doodles 4 - 7 pm	22 Halloween Decor Making 4 - 7 pm	23 Cooking Class 4 - 7 pm	24 Trapper Hat Making 1 - 4 pm
25	26 Admin Day Appointments	27 Pumpkin Carving 4 - 7 pm	28 Biz Bites 4:30 - 5:30 pm	29 Halloween Party and Haunted House 4 - 7 pm	30 Self Care Club 4-6 pm	31 Trapper Hat Making 1 - 4 pm

DESCRIPTIONS OF OUR PROGRAMS

Expressive Art w/ Katie: (Ages 12 - 29)

Dive into the world of expressive art therapy and explore calming and mindful art techniques with Katie Grossman!

Drop-In Counselling w/ Gavin: (Ages 12- 29)

Meet with Gavin Patterson, a counsellor with Wildwood Wellness Therapy! Stop by to talk one-on-one or in a group. No appointment needed!

Halloween Window Painting: (Ages 12 - 18)

Get ready for spooky season with this art workshop! Do your own design, or contribute to someone else's. All you have to bring is your brain!

Bear Clan Walk: (Ages 18 - 29)

Meet the people who help keep our community clean! Join the patrol or just come by to talk with some of the members of the Portage Bear Clan!

Beading Circle: (Ages 12 - 18)

Whether you're starting a new project or you have one you want to complete, come bead with us. All skill levels welcome!

Zentangle Doodles: (Ages 12 -18)

Keep your hands and mind busy with this art workshop! Learn how to do a variety of doodles and patterns in this unique style!

PRISM Pride Group Launch Party: (Ages 12 - 29)

Join us for the launch of Huddle Portage's very own Pride group!

Halloween Beading: (Ages 12 - 18)

Make a ghostly beaded design on the loom or by hand in this 2-part beading workshop!

Calm Kit Making: (Ages 12 - 18)

Fill a bag or jar with everything you need to keep your stress levels down! Learn about how calm kits can help you, and make one of your own!

Medicine Picking w/ Jeanna: (Ages 16 - 29)

Learn about the traditions and practices behind medicine picking, or, just come along for the ride!

Board Game Night: (Ages 12 - 18)

Explore our board game catalogue! Find a new favorite or play a old classic, your choice!

Halloween Decor Making: (Ages 12 - 18)

Make props and decorations for our upcoming haunted house!

Cooking Class w/ Tynan: (Ages 12 - 18)

Learn how to prepare a variety of foods from start to finish! This month, we will be making baked whole chicken with wild rice!

Trapper Hat Making w/ Robynn: (Ages 16 - 29)

Learn how to make a traditional trapper hat with Robynn! Winter is coming and creating a warm hat is one of the best ways to prepare!

Pumpkin Carving: (Ages 12 - 18)

Carve or draw your own pumpkin to display this Halloween! Supplies and pumpkins are provided!

Biz Bites: (Ages 12 - 18)

Learn about and explore business opportunities with business leaders! Learn about how you can break into the industry!

Halloween Party and Haunted House: (Ages 12 - 18)

Come celebrate spooky season with us or stop by for the free treats! Explore the haunted house and have with friends!

Self-Care Club: (Ages 12 - 18)

Come make a self-care craft such as fidgets, journals, body scrubs, etc., while we discuss topics on wellness and self- improvement!

Entrepreneurship Workshop: (Ages 12 - 18)

Denise Harder will be returning for Part 2 of her entrepreneurial workshop, teaching youth how to best market their skills.

Parfleche Earring Making: (Ages 12 - 18)

Learn how to make traditional Parfleche earrings using materials such as raw hide and paint.

Ride for Refuge: 12-29

The RIDE is a family-friendly fundraising walk/ride where we gather for local charities that support people who are seeking hope, safety, and freedom across Canada.