Huddle

BRANDON

November 2026

Mon

Counselling
1-7pm
Huddle Lounge 16+
3:00-5:00pm

Tues

Addiction Services
1-3pm
Counselling
12-7pm
Drop-In Employment Support
1-4:30pm
Apt. Based Medical Clinic
4-5:00pm

Wed

Counselling
12-7pm
One-to-One Gym Sessions
(Registration Required)
1:30-2:30pm &
3:00-4:00pm
Huddle Lounge (12-15)
4:00-6:00pm

Thur

Cultural Art Activity
11-1pm
Knowledge Sharing
1:30-3:30pm
Counselling
11-7pm
Addiction Services
2:30-4:30pm
AA/NA 18+
6-7pm

Fri

Counselling
12-5pm
One-to-One Gym Sessions
(Registration Required)
1:30-2:30pm &
3:00-4:00pm

Everyday

Peer Support
Hours Vary

Connect

204-717-6565
701 Rosser Avenue, Brandon
@huddlebrandon
431-341-6388 (Text Only)
youask@huddlebrandon.ca
/huddlebrandon

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November 2026

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4 Huddle Lounge (12-15) Cancelled Sweat (13-17) @6pm (registration required)	5 The Mind-Body Boost Workshop (Stretching) 1:30-3pm	6	7
8	9	10 Employment Support Away Vase Painting 4-5:30pm	11 	12 Group Gym Session 1:30-3pm Sweat (18+) 6pm (registration required)	13 We're at Assiniboine College (East Campus) 12:30-1:30pm	14
15 Men's Group Campfire (12-17) 5-7pm	16 MACY Drop in 3-5pm Emotional Intelligence Group (12-17) 5-7pm	17 Teaching Circle 5-6pm	18 Video Games (16+) 4-5:30pm	19 The Mind-Body Boost Workshop (Mobility Training) 1:30-3pm	20 Movie Night (16+) 2-4pm	21 Land Based Teaching 12-5pm (weather permitting)
22	23 Emotional Intelligence Group (12-17) 5-7pm	24 Movie Night (12-15) 4-6pm	25 We're at Assiniboine College (North Campus) 12:30am-1:30pm	26 Group Gym Sesh 1:30-3pm Art Activity (12-15) 5-6pm AA/NA Cancelled	27 YACtivity (TBD) 5-7pm (keep an eye out for more info)	28
29	30 Emotional Intelligence Group (12-17) 5-7pm			Nov 12th: Crocus Teen Clinic 11-1:30pm Nov 18th: Neelin Teen Clinic 12-1:30pm Nov 26th: Massey Teen Clinic 11-1:30pm		

Huddle Brandon: 701 Rosser Ave, Brandon, MB, R7A 0K8 | HOURS: Monday-Thursday 11:00am-7:00pm Friday 11:00am-5:00pm
P: 204-717-6565 | E: youask@huddlebrandon.ca | /huddlebrandon | @huddlebrandon