Huddle NORWEST

November 2026

MON	TUE	WED	THU	FRI
2 **Huddle Help** 3:00pm - 5:00pm **Huddle Lounge** 3:00pm - 5:30pm **Nintendo Switch Day** *(Mario Kart, Super Smash, Mario Party and more!)*	**3** **Huddle Lounge** *(plus Peer Support / Art with Larissa!)* 3:00pm - 5:30pm **DBT-to-Go!** 4:30pm - 5:30pm	**4** **Drop-in Counselling** 2:30pm - 4:30pm **Housing Support Drop-in** 2:30pm - 4:30pm **Substance Counselling** 3:00pm - 4:30pm **Huddle Lounge-Lite** 3:00pm - 6:30pm	**5** **Walk - In Clinic** 9:15am - 3:45pm **Huddle Help** 3:00pm - 5:00pm **Huddle Lounge** 3:00pm - 5:30pm	**6** **Drop-in Counselling** 2:30pm - 4:30pm **Huddle Help** 3:00pm - 5:00pm **Huddle Lounge** 3:00pm - 5:30pm
9 **Huddle Help** 3:00pm - 5:00pm **Huddle Lounge-Lite** 3:00pm - 5:30pm **Sensory Hours** AKA "Quiet Time" - perfect for study, reading or relaxing! QUIET ZONE	**10** **Drop-in Counselling** 2:30pm - 4:30pm **Huddle Lounge** *(plus Peer Support / Art with Larissa!)* 3:00pm - 5:30pm **Paint Night!** 3:30pm - 5:30pm	**11** **CLOSED TODAY**	**12** **Walk - In Clinic** 9:15am - 3:45pm **Huddle Help** 3:00pm - 5:00pm **Huddle Lounge** 3:00pm - 5:30pm	**13** **Huddle Help** 3:00pm - 5:00pm **Huddle Lounge** 3:00pm - 5:30pm
16 **Huddle Help** 3:00pm - 5:00pm **Huddle Lounge** 3:00pm - 5:30pm **Nintendo Switch Day** *(Mario Kart, Super Smash, Mario Party and more!)*	**17** **Drop-in Counselling** 2:30pm - 4:30pm **Huddle Lounge** 3:00pm - 5:30pm **Youth Advisory Committee** 4:00 - 5:30pm	**18** **Drop-in Counselling** 2:30pm - 4:30pm YESS Booked: 1-3pm Drop-in: 3-4pm **Housing Drop-in** 2:30pm - 4:30pm **Substance Counselling** 3:00pm - 4:30pm **Huddle Lounge-Lite** 3:00pm - 6:30pm **Movie: D&D** 3:00-5:30pm	**19** **Walk - In Clinic** 9:15am - 3:45pm **Huddle Help** 3:00pm - 5:00pm **Huddle Lounge** 3:00pm - 5:30pm	**20** **Drop-in Counselling** 2:30pm - 4:30pm **Huddle Help** 3:00pm - 5:00pm **Huddle Lounge** 3:00pm - 5:30pm
23 **Huddle Help** 3:00pm - 5:00pm **Huddle Lounge-Lite** 3:00pm - 5:30pm **Sensory Hours** AKA "Quiet Time" - perfect for study, reading or relaxing! QUIET ZONE	**24** **Huddle Lounge** *(plus Peer Support / Art with Larissa!)* 3:00pm - 5:30pm **Clinic Ceiling Paint + Pizza Party** 1:30pm - 5:30pm	**25** **Drop-in Counselling** 2:30pm - 4:30pm **Housing Drop-in** 2:30pm - 4:30pm **Substance Counselling** 3:00pm - 4:30pm **Huddle Lounge-Lite** 3:00pm - 6:30pm **D&D** 3:30-6:30pm (filled)	**26** **Walk - In Clinic** 9:15am - 3:45pm **Huddle Help** 3:00pm - 5:00pm **Huddle Lounge** 3:00pm - 5:30pm **Manitoba Advocate for Children & Youth** 2:00pm - 4:00pm (with Mia)	**27** **CLOSED TODAY** EVENT
30 **Huddle Help** 3:00pm - 5:00pm **Huddle Lounge** 3:00pm - 5:30pm **Nintendo Switch Day** *(Mario Kart, Super Smash, Mario Party and more!)*				

INFO:

Huddle Help's on more often!
Mon, Thurs and Fri
3:00pm - 5:00pm

Come see us or call / email to book your visit!

Free 1:1 support with:
- Laundry / Shower Access
- Clothing / Basic Groceries
- Job-seeking (resumes/cover letters)
- Applications + Paperwork

"Huddle Lounge-Lite"

A quieter Lounge - same services and support, but with lower volume and reduced capacity.

Often offered during Sensory Hours or other programs.

Walk-in Health Clinic and Drop-in Counselling available!

No appointment needed - just turn up on the day!

'First come, first served'
Available once a week per person.

Substance Counselling is back!

By appointment - please call ahead to book your slot!

Housing Support now has drop-in!

No appointment needed -
'First come, first served'

945 Notre Dame Avenue, Winnipeg, MB, R3E OM8 | **HOURS: M** 11 a.m. to 6 p.m, **T** 11 a.m. to 6 p.m, **W**: 11 a.m. to 7 p.m., **T** 11 a.m. to 6 p.m, **F** 11 a.m. to 6 p.m.

P: 204-938-5244 **E:** youthhub@norwestcoop.ca | huddlenorwest | @huddlenorwest | @huddlenorwest

Huddle
NORWEST

November 2026

EVERY WEDNESDAY - HOUSING SUPPORT DROP-IN

Looking for housing, or need a hand with housing-related challenges? Our Housing Support team now also offers drop-in times - no appointment needed!

Get support finding housing or shelter, applying for income assistance, obtaining IDs and more.

Email housing@norwestcoop.ca for more info!

HOPE
END HOMELESSNESS
WINNIPEG

EVERY WEDNESDAY - SUBSTANCE USE COUNSELLING



Need someone to talk to about substance use? Our Substance Use Counselling team offers a safe, welcoming space to talk without judgement.

Explore harm reduction, personal goals, available supports and ways to make changes at your own pace.

Speak to one of our Huddle team for more info!

WED NOV 18 - YOUTH EMPLOYMENT SERVICES (YES)

Looking for a job, or need a hand taking your next steps toward employment? Sophia and Erinn from Youth Employment Services (YES) are here to help!

Drop by during their monthly visit for support with job searching, resumés, cover letters, interview prep and more!

Call 204-938-5244 to book ahead. Visit yesmb.ca for more info!

yes
YOUTH EMPLOYMENT SERVICES

HUDDLE COMES TO SCHOOLS TOO!



You don't always have to come to Huddle to get support!

Come and see Kierra, your local and friendly **SERVICE NAVIGATION SPECIALIST** when she visits your school!

Helps with:

- Learning about Huddle services
- Finding resources and opportunities
- Planning your goals and needs
- Connecting with community supports

DAY	SCHOOL	TIME
Monday	DMCI	10 AM – 3 PM
Tuesday	Children of the Earth	10 AM – 3 PM
Wednesday	Tec Voc	11 AM – 3 PM
Thursday	—	—
Friday	Sisler High School	10 AM – 1 PM

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